



A G E N D A

Thursday, September 19, 2019

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| 11:00 a.m. – 12:00 p.m. | Registration |
| 12:00 – 12:45 p.m. | Networking Lunch Buffet |
| 12:45 – 1:25 p.m. | Welcome/NCAFCC Update
April Cook
Lake Norman Community Health Clinic
Board of Directors, Chair

Randy Jordan, CEO
NC Association of Free & Charitable Clinics |
| 1:30 – 2:15 p.m. | Strategic Learning Part 1: Lessons from the Road
Josh Jacobson, Managing Director
Next Stage
Strategic Planning & Consulting for Nonprofits |
| 2:15 – 2:45 p.m. | Ice Cream Social
Networking and Time with Sponsors |
| 3:00 – 4:00 p.m. | Strategic Learning Part 2: Building an Adaptive Culture
Josh Jacobson |
| 4:00 – 4:45 p.m. | NC QuitLine
Stephanie Gans LCAS, LCSWA, CTTS
Tobacco Treatment Specialist
Division of Public Health, Tobacco Prevention & Control Branch
North Carolina Department of Health and Human Services |
| 4:45 – 5:00 p.m. | Sponsor Presentations |

A G E N D A

Friday, September 20, 2019

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| 8:30 – 9:00 a.m. | Registration |
| 9:00 – 9:50 a.m. | Introducing Updox
Tony Matessa
VP Product Marketing |
| 10:00 – 10:50 a.m. | Treating the Whole Person: Recognizing Implications of Traumatic and Adverse Experiences – Responding with a Compassionate Approach
Jenna Crawley, LPC, LCAS, EMDR Certified Therapist
Mental Health Counselor, Community Care Clinic and Hospitality House |
| 10:50 – 11:00 a.m. | Break |
| 11:00 – 11:50 a.m. | What Does a Great Leader Look Like?
Lisa Bottomley, ED
Community Care Clinic, Boone |
| 11:50 – 12:00 noon | LIFT off: Lifestyle Intervention Food & Physical activity – A Social-media driven lifestyle and wellness coaching program for patients
Lauren Sastre PhD, RDN, LDN – East Carolina University
Danielle Nunnery, PhD, RD – Appalachian State University |
| 12:00 – 12:55 p.m. | Lunch |
| 1:00 – 1:50 p.m. | Peer-to-Peer Discussion
John Devaney, CEO
Cape Fear Clinic |
| 1:50 – 2:00 p.m. | Break |
| 2:00 – 2:50 p.m. | Mark Twain and Medicine: "Any Mummery Will Cure"
K. Patrick Ober, MD |